

CEREBRAL PALSY FACTS

Cerebral palsy is a lifelong disorder affecting movement and posture.

It results from damage to the brain that occurs during pregnancy; around the time of birth; or within the first two years after birth.

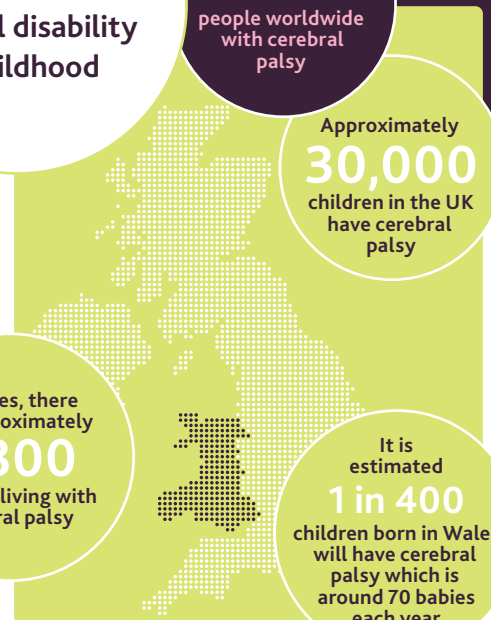
Cerebral palsy is the most common physical disability in childhood

There are **17 million** people worldwide with cerebral palsy

Approximately **30,000** children in the UK have cerebral palsy

In Wales, there are approximately **1,800** children living with cerebral palsy

It is estimated **1 in 400** children born in Wales will have cerebral palsy which is around 70 babies each year



Types of cerebral palsy

- Spastic**
Most common form. Muscles appear stiff and tight.
- Dyskinetic**
Characterised by involuntary movements.

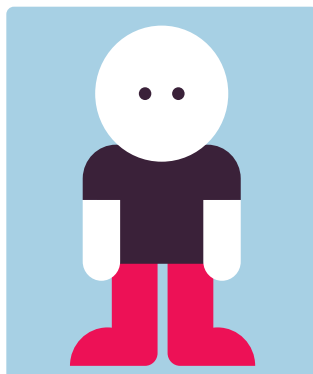


- Ataxic**
Characterised by shaky movements. Affects balance.
- Mixed**
Damage to more than one area can lead to a mixed presentation.

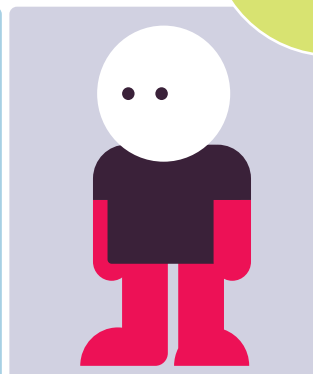
Parts of the body affected



Unilateral/Hemiplegia
One side of the body is affected



Bilateral/Diplegia
The whole body is affected with the arms and upper body affected to a lesser extent



Bilateral/Quadruplegia
The whole body is affected which may include the muscles of the face and mouth

Every day activities can be impacted such as:



Associated impairments

- 1 in 3** are unable to walk
- 1 in 4** are unable to talk
- 1 in 4** have epilepsy
- 1 in 4** have a behaviour disorder
- 1 in 5** have a sleep disorder
- 1 in 5** have saliva control problems
- 1 in 10** have severe visual impairment

There is no cure for cerebral palsy, however the brain can adapt, and therapy can influence how the brain develops.

At **Cerebral Palsy Cymru** we work with each family and child to enable them to reach their full potential.

Visit us 1 The Courtyard | 73 Ty Glas Avenue | Llanishen | Cardiff | CF14 5DX
Get in touch 029 2052 2600 | info@cerebralpalsycymru.org
Find out more cerebralpalsycymru.org

